



revised 7/5/2010

LEE COUNTY YMCA
Adult Men's Basketball Rules and Regulations
www.leecountyymca.org



2010 FALL LEAGUE

LEAGUE FEES: League fees will be \$325 per team. The season is an 8 week/8 game schedule and is open for the first 12 teams to register. **LEAGUES WILL BE FILLED ON A FIRST COME, FIRST SERVED BASIS.**

LEAGUE STRUCTURE: Leagues will be set up, ready to play at game times: 6:15pm, 7:15pm and 8:15pm. Games will be played on Monday and Wednesday nights at the Lee County YMCA (1360 Royal Palm Square Blvd).

LEAGUE DATES: The league will start on Monday, August 23rd, 2010.

ROSTERS: Rosters will be made up of no more than twelve (12) players, ages 18 years and over. Roster members may not be members of any other team in the same league.

****All rosters must have each player's name printed, the player's own signature, and the player's information printed. The penalty for falsifying any information may be suspension from all YMCA activities for a period of one year for the player and / or team.**

ROSTER CHANGES: Roster changes will be made at the Sports Office (Lee County YMCA). Any changes to a roster must be made by the coach or the player. **NOTE: If a player switches teams, the player must sit out one game.** All rosters are locked prior to the start of the 3rd game.

STANDINGS: The league champion will be decided by a league playoff that is played at the end of the regular season. The season will be an 8 game season in which the first seven games will be round robin play. Then, the top four (4) teams will make the "championship bracket". They will play a single elimination playoff for the championship. The remaining teams will finish out the regular season. The format will go as follows for tie-breakers: won/loss record, head to head competition, least amount points given, then coin toss.

FORFEITS: Game time is forfeit time! Any team forfeiting a game will be required to pay a \$20.00 forfeit fee prior to the next game they play.

PICK – UP PLAYERS: Teams with less than four (4) roster players may start the game with one pick – up player. This player cannot be listed on the roster of any other team in the league. A pick – up must be replaced by a roster player as soon as one is available. This rule does not apply during playoff games, as a team must begin the game with at least four (4) roster players.

UNIFORMS: All players on the team must have matching uniforms **by the start of the 2nd game**. All uniform shirts must be in same color and have numbers on the back. (Each player must have a different number or the team will begin each game with a technical foul). After the first week, a team without matching uniforms will receive a technical foul at the start of the game.

GAME RULES: Games will be played under FHSAA rules, with the following exception: a technical foul is also counted as a personal foul. Six total fouls (personal and technical) will be expulsion from the game. A total of four technical fouls by a team will be a forfeit.

The game will be played in two 20-minute halves. The clock will stop on time-outs, injuries, and the last two minutes of each half on an official's whistle. If there is a 20-point differential in the score within the last two minutes of the half, the clock will continue to run. If there is a 25-point differential in the final three minutes of the game, the game will be called and considered an official contest.

Teams will be given five timeouts per game (2 full and 3 30 sec). In the event of a tie, there will be a two minute over time played with a continuous clock. The clock will stop with one minute to play in overtime in accordance to normal basketball rules. There will be two over times played if needed. After the second overtime, if the game is tied, due to time restraints, the game will end in a tie. Each team will receive one timeout for overtime. Timeouts do not carry over from the regular game played to overtime, however the timeout given at the first overtime can be carried over to the second overtime.

**** EVERY SCORECARD MUST HAVE FIRST AND LAST NAME OF EACH PLAYER LISTED, AS WELL AS JERSEY NUMBER. TEAMS WILL NOT BE ALLOWED TO PLAY IF THEY DO NOT ADHERE TO THIS.**

SPORTSMANSHIP: The coach or captain will be the only person to discuss a controversy with the referee. If any player strikes a referee or another player, the player will be suspended from any YMCA-sponsored activity for a minimum of one (1) year. Players receiving two technical fouls, or players ejected from a game for other reasons, must sit out that game, as well as the following game, and may not be used as a pick – up. The second time a player is ejected from a game; he will be suspended for the remainder of the season.

Teams are urged to purchase insurance covering injuries to team members. The Lee County YMCA will not be responsible for any injuries and/or doctor or hospital bills.

ALL RULES WILL BE STRICTLY ADHERED TO. IT IS THE RESPONSIBILITY OF THE COACH TO SEE THAT HIS TEAM KNOWS, AND ABIDES BY, ALL RULES OF THE LEE COUNTY YMCA BASKETBALL LEAGUE.

THE LEAGUE OFFICIAL HAS THE FINAL SAY ON ALL MATTERS.